

# The GP Update Course

**One day update course for  
GPs and GP Registrars.**

**By GPs, for GPs**

Every week GPs are bombarded with literature; the BMJ, BJGP, Lancet, NEJM. And then there are all those guidelines...

**GPs want to stay up to date but the task is a formidable one; with the best will in the world, it's hard to achieve.**

With all the evidence inundating us it can be hard to know which bits of evidence should change our practice.

**We want to help by collating and synthesising the evidence for you – so that you don't have to!**

Using a lecture based format, with plenty of time for interaction, the GP presenters discuss the results of the most important and relevant research papers, placing them in the context of all the research evidence in this area and the needs of primary care.

**We want you to enjoy the day!**

We'll use humour and video clips to illustrate points being made and to keep you focused.



**Who is this course designed for?**

**Established GPs** who want to keep abreast of new evidence relevant to clinical practice and consider how this evidence can be translated into excellent clinical care.

**GP Trainers** wanting to keep up to date across the whole field of general practice and to incorporate new evidence into their current practice.

**GP Registrars** who need a working knowledge of evidence relevant to primary care. The course is very relevant for the nMRCGP exam.

**GPs returning from maternity leave or a career break** who want to be brought up to speed with current practice.

**Public health doctors** working in the field of primary care who need to keep abreast of the new evidence in this area and want to gain an improved understanding of its implementation.

**'The best course I've ever been on'**

[www.gp-update.co.uk](http://www.gp-update.co.uk)

[more details](#)

**Don't take our word for it - See what delegates from our Autumn 2007 course had to say!**

- 'A thoroughly worthwhile course, highly relevant, well presented using a variety of techniques & left with a relevant resource in the handbook'
- 'The best refresher course I have been on – so good not being patronised by secondary care speakers!'
- 'You've done an excellent job – I'll be recommending it to all my partners'
- 'Practical and well paced. Love the course being run by practicing GPs who understand the time pressure'
- 'I had an enjoyable day – the teaching style was dynamic and stimulating'

Course delegates receive a copy of **The GP Update Handbook**, a 350 page book outlining the results of the most important research relevant to primary care over the last 5 years.

The Handbook is much more than just a set of lecture notes. It covers more subjects more extensively than is possible in the one-day course. It is a valuable resource document for future reference and exam revision. Everything we present is fully referenced – so if you want to do some more research or read the original article you can, but you don't have to.

**Important note:** *This course contains no theorists, no gurus and no sponsors. Just real life UK based GPs who will be back seeing patients as soon as the course has finished. What is more, we have no involvement whatsoever with pharmaceutical companies, so there will be no biasing of the information presented to you.*

**Spring 2008 course dates:**

- Newcastle (Northumbria University) – Wednesday April 9
- Warrington (Warrington Collegiate) – Thursday April 10
- Birmingham (Birmingham Medical School) – Friday April 11
- Newport/Casnewydd (University of Wales) – Wednesday April 16
- Southampton (Southampton Solent University) – Thursday April 17
- London (Birkbeck College) – Friday April 18
- London (Birkbeck College) – Saturday April 19

**Prices:** GPs £180; GP Registrars £150; Handbook only £150 incl. P&P

**I would like to come on the following GP Update Course (please tick):**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Newcastle April 9          | <input type="checkbox"/> Warrington April 10        | <input type="checkbox"/> Birmingham April 11 |
| <input type="checkbox"/> Newport/Casnewydd April 16 | <input type="checkbox"/> Southampton April 17       |  |
| <input type="checkbox"/> London (Friday) April 18   | <input type="checkbox"/> London (Saturday) April 19 | <input type="checkbox"/> Handbook only       |

Name (PRINT):..... Address:.....

Email:.....

**Please send this form with your cheque payable to Primary Care Education LLP to:  
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