

## North Tyneside - Wallsend Locality

# Thursday 7 May 2009

### Closing Date for bookings

Wednesday 29 April 2009 (12 noon)

Please note places are limited, the event may be fully booked before the closing date. Priority will be given to those who work in GP Practices in the Wallsend locality for bookings received up to the closing date. After the closing date booking requests from those not working in GP practices in the locality area will then be considered.

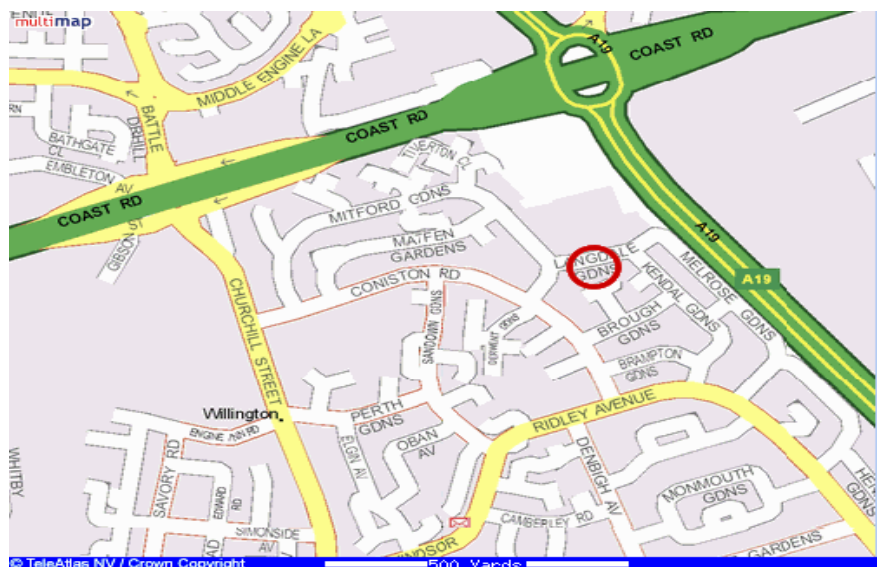
**Note:** We make a commitment with the venue, on your behalf, to pay for your place in response to your booking. All cancellations must be reported ASAP and at least 2 working days prior to the event. A charge of £25.00 will be incurred for cancelled bookings under 2 working days or for non-attendance on the day.

### TIMINGS:

- 12.30 pm: Lunch and mingling
- 1.30 pm: Welcome by Dr Robin Hudson (GP Tutor)  
Introduction by Dr John Matthews (PBC Lead) "What is happening in PBC?"
- 1.45 pm: Workshop 1
- 2.45 pm: Refreshment break
- 3.15 pm: Workshop 2
- 4.15 pm: Practice Reflection Session
- 5.00 pm: Close

### VENUE:

Langdale Centre  
Langdale Gardens  
Howdon  
Wallsend  
Tyne & Wear  
NE28 0HG  
Tel: 0191 2001505



## SUITABILITY OF WORKSHOPS

Title and Speaker	Synopsis
<p>1) HOW TO BE MORE THERAPEUTIC ON A FRIDAY AFTERNOON (MENTAL HEALTH TRAINING) - <i>Facilitated by Dave Tomson FRCGP, GP and Freelance Consultant in Patient Centred Primary Care</i></p>	<p>An experienced GP with a career long interest in mental health and communication skills, Dave will share thoughts and ideas about how to be a little more therapeutic on a Friday afternoon using cases that have been brought by participants. We may explore some, all, or none of the following: CBT, solution focussed ideas, somatisation, heartsink, guidelines, medication, patient centred practice, risk assessment or just how to feel less exhausted before you go home for your gin and tonic.</p> <p><b>Suitable for GPs and Nurses</b></p>
<p>2) SAFEGUARDING CHILDREN (CLINICAL) <i>Facilitated by Jan Hemmingway, Named Nurse Child Protection, and Pat Oliver, Nurse Adviser Child Protection</i></p>	<p>The Haringey Baby P situation has highlighted major concerns about the effectiveness of Child Protection services. Every agency will be required to review their arrangements for dealing with child protection, which will include primary care. This workshop will present the findings from the Haringey Joint Area Review which was undertaken after the death of Baby P. Information from North Tyneside LSCB's response will also be part of the presentation. The workshop will meet the requirement that GPs receive Single Agency Training.</p> <p><b>Suitable for GP's and Nurses</b></p>
<p>3) EPILEPSY UPDATE - <i>Facilitated by Dr Margaret Jackson, Consultant Neurologist, Newcastle General Hospital</i></p>	<p>This session will provide an overview of epilepsy including new diagnostic techniques (such as video telemetry), new developments in drug treatment and finally a review of managing epilepsy in women. If there is time, the new regional epilepsy guidelines will be highlighted.</p> <p><b>Suitable for GPs</b></p>
<p>4) INFECTION CONTROL IN NORTH OF TYNE - <i>Facilitated by Dr Karen Thompson, GP Lead for Infection Control in the North of Tyne Region</i></p>	<p>This session will look at the size of the problem of infection control in the community. I will look at route cause analysis. MRSA, PVL-MRSA/MSSA and Clostridium Difficile. I will talk about who is at risk and how to prevent spread. Then I will look at antibiotic prescribing targets and the evidence behind them as well as possible contractual changes in the future. I am very happy to answer questions and I will bring the Glow Hands machine for a bit of fun. I am not going to tell people how to wash their hands! (though I can do this if they wish!)</p> <p><b>Suitable for GPs, Nurses and other Clinical Staff</b></p>
<p>5) THE EXAMINATION AND MANAGEMENT OF SHOULDER PROBLEMS - <i>Facilitated by Dr Graeme Wilkes, GP with a special interest / Sports Physician</i></p>	<p>Shoulder problems are common in primary care. When should we refer to physiotherapy? or orthopaedics? This practical workshop will look at the underlying pathology of shoulder problems, review clinical examination techniques and then look at how these problems can be managed according to the best available evidence. There will also be a review of how diagnostic ultrasound can be used in general practice.</p> <p><b>Suitable for GPs, nurse practitioners</b></p>
<p>6) SAFEGUARDING CHILDREN (NON CLINICAL) - <i>Facilitated by Jan Hemmingway, Named Nurse Child Protection, and Pat Oliver, Nurse Adviser Child Protection</i></p>	<p>Child Protection is everyone's responsibility and it is important that administration and clerical staff are aware of the role they play in safeguarding children. This workshop will provide an update on recognition of child abuse and how the process works. Risk factors such as domestic violence will be explored. The workshop will meet the requirement that administration and clerical staff access Single Agency Training.</p> <p><b>Suitable for Reception and Administration staff</b></p>
<p>7) ASTHMA &amp; COPD - <i>Facilitated by Liz Norman, Senior Respiratory Nurse Specialist</i></p>	<p>The session will start with a short overview of COPD and asthma, what they are, the difference between the two diseases and how they affect the individual. You will have the opportunity to see, handle and test peak flow meters, inhaler devices, nebulisers and have your own spirometry performed.</p> <p><b>Suitable for Reception and Administration staff</b></p>
<p>8) BLUE AND PURPLE AND BROWN AND GREEN - I CAN BREATHE A RAINBOW TOO (RESPIRATORY CARE) <i>Facilitated by Barry Todd, Practice Pharmacist, Medicine Management Team (Provider) North of Tyne</i></p>	<p>So many inhalers, so many colours - what do they all mean? What you need to know about how we treat asthma and COPD</p> <p><b>Suitable for Reception and Administration staff</b></p>

# Booking Form - TimeOut 7 May 2009

Please indicate, in order of preference, 4 workshops (1, 2, 3 and 4) you wish to attend. Number 3 and 4 choices will be reserve choices which would be used should either of your 1st or 2nd choices be oversubscribed or cancelled.

**IF NO ORDER OF PREFERENCE IS INDICATED, YOU MAY BE ALLOCATED TO WORKSHOPS.**

Vegetarian

Gluten free

Other (please state)

Access Requirements

- How to be more therapeutic on a Friday afternoon (Mental Health Training)
- Safeguarding Children (clinical)
- Epilepsy Update
- Infection Control in North of Tyne
- Shoulder Examination and Managing Problems
- Safeguarding Children (non-clinical)
- Asthma & COPD
- Blue and Purple and Brown and Green-I can breathe a rainbow too (Respiratory Medicine)

If you wish to have anything specifically covered in one of these workshops, we can request this from the speaker. Please state in this box any comments/suggestions and state which workshop it relates to.

PLEASE COMPLETE THIS FORM BY PRINTING **CLEARLY**, as these details appear on your certificate

Name:

Practice:

Role: (please circle) - GP / Practice Nurse / District Nurse / Health Visitor / Practice Manager / Allied Health Professional / Administrator / Receptionist / Other (please state)

Telephone No:

E-mail Address:

**PLEASE ENSURE YOU PROVIDE AN E-MAIL ADDRESS - THIS WILL BE USED FOR CONFIRMATION PURPOSES.** If you do not have an active e-mail address, please supply a practice/department address which you would be happy for us to confirm your booking to. All confirmations are sent electronically.

Please use this space to tell us what you have had identified in your Appraisal/PDP as a learning objective and we will see if we can use this information in developing future educational events. Please write clearly and be as specific as possible:

**RETURN THIS BOOKING FORM TO:** TimeOut, Clinical Governance Team, Medical Directorate, NHS North of Tyne, Bevan House, 1 Esh Plaza, Sir Bobby Robson Way, Great Park, Newcastle upon Tyne NE13 9BA.

**Telephone:** 0191 2172868/**Fax:** 0191 2172510/**E-mail:** timeout@northoftyne.nhs.uk.

**Please note:** We try to accommodate all requests for spaces at these events, however we do have a maximum capacity which we must adhere to for health and safety reasons. We do operate a reserve list and therefore all cancellations must be directed to us, in order to reallocate places. An e-mail will be sent to confirm your booking. We are unable to offer places on any event without prior booking. Places cannot be offered on the day of the event.