

GP
SERIES

BMJ Masterclass for GPs: Cardiology, Diabetes and CKD

Using the latest evidence to make better decisions

CHOOSE FROM FOUR DATES IN FOUR LOCATIONS

Tuesday 12 February 2008 Bristol
Thursday 19 June 2008 London
Thursday 25 September 2008 Leeds
Monday 3 November 2008 Birmingham

Learn about:

- Heart failure: the essentials of management
- Atrial fibrillation
- Secondary prevention after myocardial infarction
- Diabetes: complications
- Therapeutic challenges in the management of type 2 diabetes
- Chronic kidney disease (CKD): when to refer to the nephrologist.

Advance your knowledge further in common clinical areas and gain practical information from leading experts in one day.

Learn from and interact with leading experts, including:

Dr Ahmet Fuat PhD
GP Specialist in Cardiology
Darlington
Deputy Chairman
Primary Care Cardiovascular Society
London

Dr Chris Arden
GP with a Special Interest in Cardiology
Southampton Primary Care Trust
Southampton

Dr Kathryn Griffith
GP with a Special Interest in Cardiology
York
Clinical Coronary Heart Disease Lead
Selby and York Primary Care Trust
Secretary
Primary Care Cardiovascular Society
London

Dr Jane Skinner
Consultant Community Cardiologist
Royal Victoria Infirmary
Newcastle upon Tyne

Dr Philip Adams
Consultant Cardiologist
Royal Victoria Infirmary
Newcastle upon Tyne

Professor M G Kirby
GP
Letchworth, Hertfordshire
Medical Director
HertNet, the Hertfordshire
Primary Care Research Network
Hertfordshire

Dr Brian Karet
GP with a Special Interest in Diabetes
Bradford

Dr Vinod Patel
Consultant Physician
George Eliot Hospital
Warwickshire

Dr David Wheeler
Reader in Nephrology
Centre for Nephrology, Royal
Free and University College
Medical School
London

Dr Donal O'Donoghue
Consultant Nephrologist
Hope Hospital
Salford, Manchester
National Clinical Director
for Kidney Care

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£35

BMJ Masterclass for GPs: Cardiology, Diabetes and CKD

Using the latest evidence to make better decisions

BRISTOL	Tuesday 12 February 2008 - Bristol Marriott Hotel City Centre, 2 Lower Castle Street, Old Market, Bristol, BS1 3AD
LONDON	Thursday 19 June 2008 - Royal College of Physicians, 11 St Andrews Place, Regents Park, London, NW1 4LE
LEEDS	Thursday 25 September 2008 - The Met Hotel, King Street, Leeds, West Yorkshire, LS1 2HQ
BIRMINGHAM	Monday 3 November 2008 - The Burlington Hotel, Burlington Arcade, 126 New Street, Birmingham, B2 4JQ

Programme

Chair, AM (Cardiology)

Dr Ahmet Fuat PhD, GP Specialist in Cardiology, *Darlington*, and Deputy Chairman, *Primary Care Cardiovascular Society, London*

Chair, PM (Diabetes and CKD)

Professor M G Kirby, GP, *Letchworth, Hertfordshire* and Medical Director, *HertNet, the Hertfordshire Primary Care Research Network, Hertfordshire*

0820-0920

REGISTRATION AND REFRESHMENTS

0920-0925

Welcome and introduction by the Chair for the Cardiology session

Dr Ahmet Fuat PhD

GP Specialist in Cardiology, Darlington, and Deputy Chairman, Primary Care Cardiovascular Society, London.

0925-1010

Heart failure: the essentials of management

This session will discuss key aspects of the management of heart failure in primary care, covering:

- Early detection and diagnosis, including the use of B-type natriuretic peptide (BNP)
- Latest management strategies, including medication, device therapy and end of life care
- Achieving national standards.

Dr Ahmet Fuat PhD

GP Specialist in Cardiology, Darlington, and Deputy Chairman, Primary Care Cardiovascular Society, London.

1010-1055

Atrial fibrillation

This session will focus on appropriate strategies in the management of patients with atrial fibrillation with particular reference to:

- Recent NICE guidelines
- The new GMS contract
- New advances in the management of atrial fibrillation, both pharmacological and surgical.

Dr Chris Arden (Bristol)

GP with a Special Interest in Cardiology, Southampton Primary Care Trust, Southampton.

Dr Kathryn Griffith (London, Leeds, Birmingham)

GP with a Special Interest in Cardiology, York, and Clinical Coronary Heart Disease Lead, Selby and York Primary Care Trust, and Secretary, Primary Care Cardiovascular Society, London.

1055-1125

REFRESHMENTS

1125-1210

Secondary prevention after myocardial infarction (MI)

Using case examples, this session will take you through management strategies to help improve outcomes of patients with MI in primary care. Key messages will include:

- Managing patients after acute MI
- Managing patients with a history of MI who are not optimally treated
- Use of drugs and other interventions
- Ways of improving quality of care and reaching targets.

Dr Jane Skinner (Bristol, Leeds)

Consultant Community Cardiologist, Royal Victoria Infirmary, Newcastle upon Tyne.

Dr Philip Adams (London, Birmingham)

Consultant Cardiologist, Royal Victoria Infirmary, Newcastle upon Tyne.

1210-1310

LUNCH

Overview

Cardiology, diabetes and chronic kidney disease (CKD) are three of the most challenging areas of clinical practice. Now, more than ever, GPs require up to date specialist knowledge which can be applied to situations they face every day in the practice. This BMJ Masterclass for GPs will give you relevant, evidence based information to help you manage your patients most effectively. It will cover the most recent evidence and guidelines in a way that is easy to understand, while using case studies and allowing you to share best practice with experts and peers.

This Masterclass will change your everyday practice and is essential for all GPs.

Who should attend?

GPs, practice nurses, and nurse practitioners.

Why attend?

- Keep up to date with recent changes and developments in cardiology and diabetes
- Broaden your understanding of CKD and improve your confidence in managing patients
- Interact with, and learn best practice from, leading experts
- Network with your peers throughout the day.

"Relevant and useful." GP, London

"Content pitched at the right level." GP, Manchester

"Well presented, clear and concise information." GP, London

"Practical guidance and strong evidence base." GP, Manchester

"Appreciated the clear, enthusiastic speakers with take home messages that can change day to day practice." GP, Edinburgh

"Excellent, detailed refresher course." GP, London

1310-1355

SPONSORED SYMPOSIUM

More information to follow at masterclasses.bmj.com

1355-1400

Introduction by the Chair for the Diabetes and CKD session

Professor M G Kirby

GP, Letchworth, Hertfordshire, and Medical Director, HertNet, the Hertfordshire Primary Care Research Network, Hertfordshire.

1400-1445

Complications of diabetes

This session will focus on patients with diabetes who present with complications. The case based discussion will cover:

- Macrovascular and microvascular complications
- When to manage your patient in the community
- When to refer your patient to specialist services.

Dr Brian Karet (Bristol, London, Leeds)

GP with a Special Interest in Diabetes, Bradford.

Dr Vinod Patel (Birmingham)

Consultant Physician, George Eliot Hospital, Warwickshire.

1445-1530

Therapeutic challenges in the management of type 2 diabetes

This session will look at the pitfalls of prescribing for patients with type 2 diabetes, along with the latest developments. It will cover:

- Finding the right drug for the right patient
- Where do new agents fit in?
- Current controversies in prescribing.

Professor M G Kirby

GP, Letchworth, Hertfordshire, and Medical Director, HertNet, the Hertfordshire Primary Care Research Network, Hertfordshire.

1530-1550

REFRESHMENTS

1550-1650

Chronic kidney disease (CKD): when to refer to the nephrologist

This session will help you understand the management of chronic kidney disease in primary care. Using case examples the speaker will cover:

- Interpreting laboratory values
- Developing a management plan
- Identifying which patients to refer to the nephrologist.

Dr David Wheeler (London)

Reader in Nephrology, Centre for Nephrology, Royal Free and University College Medical School, London.

Dr Donal O'Donoghue (Leeds, Birmingham)

Consultant Nephrologist, Hope Hospital, Salford, Manchester, and National Clinical Director for Kidney Care.

Bristol speaker to be confirmed

1650-1700

SUMMARY AND CLOSING REMARKS BY THE CHAIR

All content has been reviewed by the Editor Programme subject to change

