

## Thursday 24th July 2008

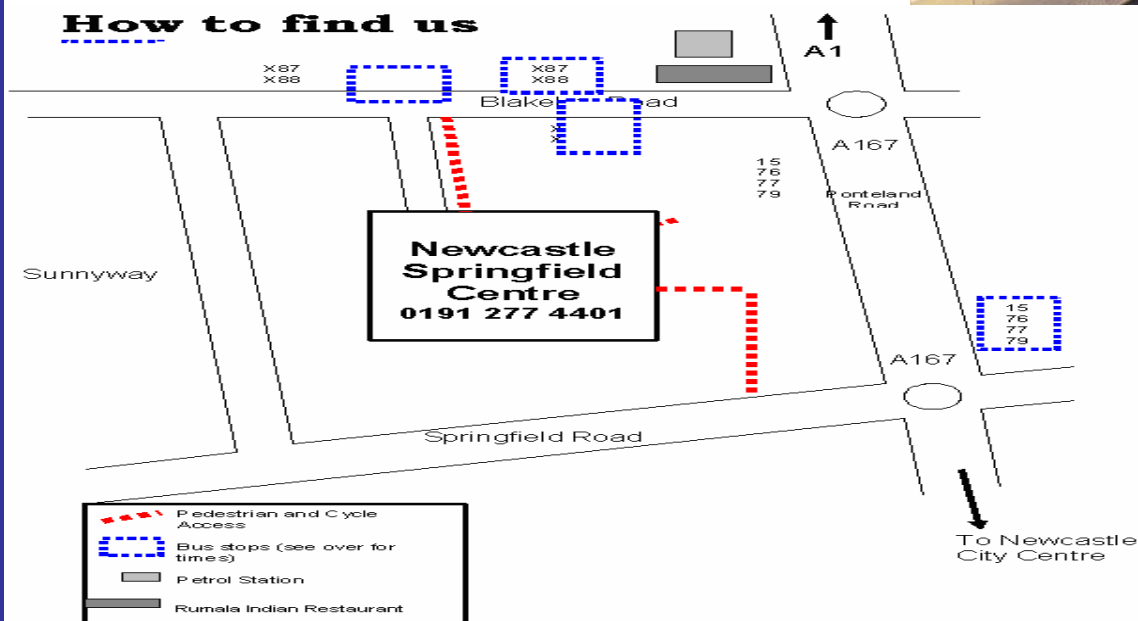
### Timings

Lunch & mingling	12:30 pm
Start/Introduction	1:30 pm
Workshop 1	1:45 pm
Refreshment break	2:45pm
Workshop 2	3:15 pm
Practice Reflection	4:15pm
Close	5:00pm

**VENUE: Springfield Centre, Off Blakelaw Road, Blakelaw, NE5 3HU**



### How to find us



**Closing Date for bookings  
Wednesday 16th July 2008 (12 noon)**

Note: All cancellations must be reported asap and at least 2 working weeks prior to the event. A charge of £25.00 will be incurred for cancelled bookings under 2 working days or for non attendance on the day.

**This programme will be repeated for the West locality on the 25th September 2008**

## **Who can attend ?**

This event is aimed firstly at clinicians from the North, East and Central PBC areas. The first two events cater for clinicians only with cover provided to allow non-clinical staff to get involved in house education which practices may wish to offer either alone or in groups. The aim is to extend this to all staff groups from the October Time out providing there is sufficient input and interest in developing the non-clinical side of the programme.

For each event priority is given to clinicians from the host locality for whom cover will be provided. Places (but no cover) will also be available to Newcastle clinicians from outside the locality after a certain date (due to the event being in school holidays on this occasion requests for cover for practices from the West may be considered on an individual basis, enquiries to Jacqui Douglas, NHS NOT).

Sessional GPs on the Newcastle performers list or working in Newcastle will also be able to attend.

## **How is the Time out programme set ?**

The aims is for them to reflect :

- GP community learning needs including Practice Based commissioning initiatives (e.g. dermatology, coeliac disease, osteoporosis)

PCT strategic priorities (cancer services review, darzi clinics, etc)

This is obviously a challenge and we are fortunate to have enthusiastic contributors to the planning group helping us get the balance right.

The North of Tyne Strategic Planning Group chaired by Dr Steve Blair provides direction on the content in terms of strategic themes which are linked to the North Of Tyne Annual Operational Plan 08/09.

## ***Who's on the Newcastle Planning Group ?***

The Group is coordinated by Dr Paula Wright (GP tutor) and receives administrative support from Jacqui Douglas, GP Appraisal and Education Manager. We are very lucky to have active and enthusiastic input from:

- Diane Moran, practice manager from Walker Medical Group,
- Tracey Stuchlik, practice manager, from Holly Medical Group;
- Dr Gordon Pearston from Walker Medical Group,
- Kate Spence (district nurse, St Anthony's;
- Jenny Williams, practice nurse from The Grove,

Kenny Li, PCT pharmaceutical adviser.

The following individuals have also been approached to attend or contribute to the planning group: Rachel Burns; Zahra Irannejad; Susan Stephenson and Chris Hogg; Dr Relton Cummings, Dr Mike Scott, Dr Guy Pilkington; Dr Trevor White; Dr Rachel Cooper, Dr David Thorne.

Suggestions about the format, process or content are welcome from anyone from Newcastle however. **The success of these events depends on the ongoing contributions and suggestions of many people.**

## ***Who are the Newcastle GP tutors ?***

Dr Paula Wright is joined by Dr Iain Lawther, and from July by DR Robin Hudson, providing a total of 5 sessions to support education and appraisal for the City. They will work as part of a North of Tyne team of 7 tutors, and also with the North of Tyne Strategic Planning Group, and with Dr Di Jelley appraisal lead. They are funded jointly by the Northern Deanery and the North of Tyne NHS.

## ***What cover will be available ?***

Cover will be provided by NDUC from 12 noon to 6.30 pm to practices for one locality for each event.

Title and Speaker	Synopsis
<p><b>Diabetes Glucose Monitoring</b>  <i>Deidre Kine and Kenny Li,</i>  <i>Prescribing Advisors, NHS North of Tyne</i></p>	<p>Patient self monitoring is an important part of diabetes management, but should everyone test routinely?  This session will provide an overview of the Blood Glucose Monitoring guidance approved for use across Newcastle PCT.  This will include:</p> <ul style="list-style-type: none"> <li>• Blood Glucose Testing Guidance for Type 1 and Type 2 diabetes</li> <li>Formulary Blood Glucose Monitors and the rationale for their choice</li> </ul> <p>The workshop will provide a demonstration of the formulary meters, and an opportunity to use the meter yourself.</p>
<p><b>The diagnosis and management of actinic (solar) keratoses and other common skin conditions</b>  <i>Tim Cunliffe (GPwSI)</i></p>	<p>Actinic keratoses (AK) can be found in 25% of patients aged over the 60 in the UK, along with other skin lesions and eczema they account for large numbers of referrals to secondary care. This workshop covers the diagnosis, including the use of dermoscopy (a hand held instrument that aids in diagnosing skin lesions), and management of common skin conditions that are suitable for management in the community.</p>
<p><b>ePACT data and Budget Reports</b>  <i>Zahra Irannejad, PCT</i>  <i>Prescribing adviser</i></p>	<p>Prescribing reports and ePACT data can often be confusing; this workshop will provide simple explanations for complex prescribing terminology:  The session will include</p> <ul style="list-style-type: none"> <li>• Prescribing data and terminology overview (Jargon Buster)</li> <li>• Prescribing reports explained</li> <li>• Accessing ePACT from your practice</li> <li>• Budget/Financial Reports (monthly and quarterly financial reports; Forecast data and Outturn expenditure)</li> </ul>
<p><b>The NHS Appraisal Toolkit</b>  <i>Dr Julian Hargreaves - GP</i></p>	<p>Demonstration of how to use the NHS appraisal website to complete your appraisal from registration to uploading supporting documents, use of structured templates, preparing your PDP and signing off your appraisal. Want to do it paperless and have a permanent record stored for you? Had any problems using the site? Come and find out more at this workshop.</p>
<p><b>Osteoporosis</b>  <i>Dr Wendy Carr -GP</i></p>	<p>"Osteoporosis is a progressive disease which increases the risk of fracture as bones become thinner and less structured. This is at great cost to the individual in terms of mortality and morbidity and to the NHS in financial terms. By tackling osteoporosis in Primary Care as we do other long term illnesses, with reduced BMD representing the chronic disease and a fracture as the acute exacerbation, we have the opportunity to reduce future fractures and improve patient care."</p>
<p><b>COPD- avoiding admissions</b>  <i>Ann Jones, Community Chest Service, Newcastle</i></p>	<p>The Community CHEST Service was initially established by Newcastle PCT to develop early supported discharge for patients with COPD (chronic obstructive pulmonary disease). This primary care facility has developed significantly to also provide city-wide oxygen assessment/review service and to pilot an exacerbation management at home service and community pulmonary rehabilitation in the east end of the city. The team welcome the opportunity to discuss COPD services and respond to any queries.  Target Audience:  GP's, Nurse Practitioners, Practice Nurses, Practice Managers, Community Matrons, District Nurses, Community Staff Nurses, Support Workers/Health Care Assistants  Aims &amp; Objectives :  To inform/update health care professionals about current community COPD services  To inform/update health care professionals about proposed service developments  To provide health care professionals with up to date referral pathways  To provide health care professionals with up to date contact details</p>
<p><b>Familial Cancer referral Guidelines</b>  <i>Dr Kathy Greenhaugh, GP</i></p>	<p>Workshop introducing participants to the New Regional Guidelines for Referral of Patients with a Family History of Cancer. Session will cover:</p> <ul style="list-style-type: none"> <li><b>When to refer</b> to the Genetics Department and what information should be included in the referral</li> <li><b>Special</b> situations which may not fit the rules</li> <li><b>Case</b> discussions</li> </ul>

**Please note; we make a commitment with the venue, on your behalf, to pay for your place in response to your booking. Please ensure you can attend this event prior to booking a place. WE RESERVE THE RIGHT TO CHARGE £25 FOR CANCELLED BOOKINGS OR NON ATTENDANCE.**

## Booking form — 24th July 2008

Please select 2 workshops

- Diabetes Glucose Monitoring
- The diagnosis and management of actinic (solar) keratoses and other common skin conditions
- ePACT data and Budget Reports
- The NHS Appraisal Toolkit
- Osteoporosis
- COPD- avoiding admissions
- Familial Cancer referral Guidelines

Special dietary/access requirements, (state in box below) vegetarian is catered for as standard

If you wish to have anything specifically covered in one of these workshops, we can request this from the speaker, please state in this box any comments/suggestions and state which workshop it relates to:

Practice Reflection session  
4:15pm to 5:00pm -  
please state which practice your are attached to,  
this will enable us to process your booking.

Name PLEASE COMPLETE THIS FORM BY PRINTING CLEARLY, as these details appear on your certificate

Role

Practice

Telephone No

**E-mail address** (*PLEASE ENSURE YOU PROVIDE AN EMAIL ADDRESS - THIS WILL BE USED FOR CONFIRMATION PURPOSES - IF YOU DO NOT HAVE AN ACTIVE E-MAIL ADDRESS PLEASE SUPPLY A PRACTICE/DEPT EMAIL ADDRESS WHICH YOU WOULD BE HAPPY FOR US TO CONFIRM YOUR BOOKING TO.*)

Please use this space to tell us what you have had identified in your Appraisal/PDP as a learning objective and we will see if we can use this information in developing future educational events. Please write clearly and be as specific as possible.

**Return this booking to:**

**Queries only to:** [Jacqui.douglas@northoftyne.nhs.uk](mailto:Jacqui.douglas@northoftyne.nhs.uk)

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Working with Jacqui Douglas on Time Out & GP Appraisal  
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3rd Floor, Centre for Advanced Industry,  
Coble Dene, North Shields,  
Tyne and Wear

**Telephone 0191 202 2042 or Fax 0191 202 2043**  
**E-mail responses to: [Bryce.doherty@northoftyne.nhs.uk](mailto:Bryce.doherty@northoftyne.nhs.uk)**

**Please note:** We endeavour to accommodate all requests for spaces at these events however we do have a maximum capacity which we must adhere to for health and safety reasons. We do operate a reserve list and therefore all cancellations must be directed to us, in order to reallocate places. An Email will be sent to confirm your booking - WE ARE UNABLE TO OFFER PLACES ON ANY EVENT WITHOUT PRIOR BOOKING AND CONFIRMATION ISSUED FROM THIS OFFICE CONFIRMING THE BOOKING