

Newcastle West and Central Localities

Thursday 9 July 2009

Closing Date for bookings
Wednesday 1 July 2009 (12 noon)

Please be aware that places may be fully booked before the closing date.
Please see terms of booking on booking form.

TIMINGS:

- 12.20 pm:** Lunch and mingling
- 1.20 pm:** Start/Introduction with Dr Steve Blades (GP Tutor)
- 1.30 pm:** Update on Primary Care Strategy by Peter Berry -
(Head of Primary Care, Newcastle and North Tyneside)
- 1.40 pm:** Workshop 1
- 2.40 pm:** Refreshment break
- 3.10 pm:** Update on Pandemic Flu Planning by Diane Hurley -
(Health Emergency Planning Adviser)
- 3.20 pm:** Workshop 2
- 4.20 pm:** Practice Reflection Session
- 5.00 pm:** Close

VENUE:

Springfield Centre
Off Blakelaw Road
Blakelaw
Newcastle upon Tyne
NE5 3HU
Tel: 0191 2774401

Directions:

From the A167 (Ponteland Road), take the turn into Blakelaw Road. Access road to the Springfield Centre is immediately after the first row of houses on the left.



SUITABILITY OF WORKSHOPS

Title and Speaker	Synopsis
1) KNEE DISORDERS - Facilitated by Kathryn Dunbar, Clinical Specialist, Connect Physical Health	This session looks at the anatomy and clinical assessment of the knee. It also explores the diagnosis, management and treatment of common knee conditions, including osteoarthritis. Discussions and case studies are included. Suitable for GPs • Please note that this session will only run once - 1.40pm start only
2) LOW BACK PAIN - Facilitated by Kathryn Dunbar, Clinical Specialist, Connect Physical Health	This workshop examines the facts about back pain, as well as the anatomy of the spine. Correct clinical assessment, examination and management of common conditions are covered, with time for questions and clinical discussion. Suitable for GPs • Please note that this session will only run once - 3.20pm start only
3) FALLS IN THE ELDERLY - DIAGNOSIS, PREVENTION, TREATMENT AND AVAILABLE SERVICES - Facilitated by John Davison; Consultant Physician, Care of the Elderly, Newcastle upon Tyne, and Philip Kyle, North East Ambulance Service	A common problem in older patients, falls are a leading cause of morbidity and mortality. This session covers the risk, assessment, causes, investigation and evidence based information for effective management of falls. It also looks at the various services available in Newcastle, including multi-agency triage and referral pathways. Suitable for GPs and Practice Nurses
4) HYPERTENSION MANAGEMENT - Facilitated by Dr Jane Skinner, Consultant Community Cardiologist	This workshop is aimed at clinicians working in primary care who are involved in the case management of patients being assessed for possible hypertension and those diagnosed with hypertension. Case histories will be used to illustrate problem solving and to stimulated discussion, and there will be plenty of time for questions and answers. Suitable for GPs and Practice Nurses
5) TISSUE VIABILITY AND WOUND FORMULARY - Facilitated by Michael Tudor, Tissue Viability Nurse, Geoffrey Rhodes Centre	This is an area of ignorance for many health professionals, especially GPs. This workshop aims to educate staff about managing ulcers and wounds, with cost effective interventions and assessment of tissue viability. Suitable for GPs, Practice Nurses and Allied Professionals
6) PRACTICE BASED COMMISSIONING– HOW TO MAKE IT WORK SUCCESSFULLY- Facilitated by Julian Given, Head of Informatics, Blue River Consulting	This workshop looks at how to make a success of PBC and how to turn ideas into opportunities. It examines both financial and non-financial gains, making real benefits for patients and the successful implementation of commissioning charges. Suitable for GPs, Practice Nurses, Practice Managers, Reception and Administration staff, and Allied Professionals • Please note that this session will only run once - 1.40pm start only
7) HOW TO CONSTRUCT SUCCESSFUL BUSINESS CASES - Facilitated by Julian Given, Head of Informatics, Blue River Consulting	Managerial and financial awareness is required by all decision makers in the modern NHS. This workshop looks at the ability to write sound, evidence based business cases for changes in patient pathways and changes in commissioning. Suitable for GPs, Practice Nurses, Practice Managers, Reception and Administration staff, and Allied Professionals • Please note that this session will only run once - 3.20pm start only
8) INFECTION CONTROL IN PRIMARY CARE - Facilitated by Dr Karen Thompson, GP Infection Control Lead	This workshop looks at preventing infection and cross-contamination in primary care. It also covers avoiding infections such as MRSA, C.Difficile and others, as well as useful guidance on colonisation, antibiotic prescribing and forthcoming contractual obligations for practitioners. Suitable for all staff
9) INTRODUCTION TO RISK MANAGEMENT - Facilitated by Sam O'Gram, GP Liaison Manager, Medical Defence Union	One of the most popular MDU workshops, this session gives a solid introduction to the principles and techniques involved. An interactive video session augments the theoretical material examining practical risk assessment in primary care. Suitable for all staff • Please note that this session will only run once - 1.40pm start only
10) DEALING WITH DIFFICULT PATIENTS - Facilitated by Sam O'Gram, GP Liaison Manager, Medical Defence Union	This workshop examines the anticipation and diffusing of difficult situations, as well as how to deal with potentially violent situations. Additionally, the session covers the best layout for consulting rooms. Suitable for all staff • Please note that this session will only run once - 3.20pm start only

TimeOut – 9 July 2009 Newcastle – West and Central Localities

Closing date for bookings 12 noon Wednesday 1 July 2009

Please indicate, in order of preference, 4 workshops (1, 2, 3 and 4) you wish to attend. Number 3 and 4 choices will be reserve choices which would be used should either of your 1st or 2nd choices be oversubscribed or cancelled.

IF NO ORDER OF PREFERENCE IS INDICATED, YOU MAY BE ALLOCATED TO WORKSHOPS.

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| <ul style="list-style-type: none"> <input type="checkbox"/> Knee Disorders - 1.40pm start only <input type="checkbox"/> Low Back Pain - 3.20pm start only <input type="checkbox"/> Falls in the Elderly <input type="checkbox"/> Hypertension Management <input type="checkbox"/> Tissue Viability and Wound Formulary <input type="checkbox"/> Practice Based Commissioning - 1.40pm start only <input type="checkbox"/> How to Construct Successful Business Cases 3.20pm start only <input type="checkbox"/> Infection Control in Primary Care <input type="checkbox"/> Introduction to Risk Management - 1.40 start only <input type="checkbox"/> Dealing with Difficult Patients - 3.20 start only | <ul style="list-style-type: none"> <input type="checkbox"/> Vegetarian <input type="checkbox"/> Gluton Free <input type="checkbox"/> Other (please state) <input style="width: 100px;" type="text"/> |
| | <p>Access Requirements <input style="width: 100%; height: 50px;" type="text"/></p> |

PLEASE COMPLETE THIS FORM BY PRINTING **CLEARLY**, as these details appear on your certificate

Name _____ Practice _____

Role: (please circle) - GP / Practice Nurse / District Nurse / Health Visitor / Practice Manager / Allied Health Professional / Administrator / Receptionist / Other (please state)

Telephone No _____ Email _____

PLEASE ENSURE YOU PROVIDE AN E-MAIL ADDRESS - THIS WILL BE USED FOR CONFIRMATION PURPOSES.

Terms of Timeout booking:

1. This event is open to clinicians and non clinical staff attached to GP Practices within the **designated locality**. GP locums on the NHS North of Tyne Performers or those from other lists working in Newcastle can also attend.
2. Places are limited according to venue capacity and are allocated on a **first come first served basis for those working within the designated locality, up to the closing date**. Please be aware that **places may be fully booked before the closing date**.
After the closing date available places will be allocated to those working outside of the designated locality. Allocations to workshops are based on preferences indicated on the booking form. If no preference is indicated or workshops are full or withdrawn the timeout team will allocate you to a workshop.
3. An e-mail will be sent to confirm receipt of your booking form and a further email will be sent confirming an allocation of a place for you, therefore *a personal or practice email address must be supplied on the booking form*. We are unable to offer places on any event without prior booking. Places cannot be offered on the day of the event.
4. We do operate a reserve list and therefore all cancellations must be directed to us in order to reallocate places. If you do not require your place, having secured one, please ensure your **cancellation** reaches us 10 days before the event. If you do not attend or cancel outside of the 10 day cancellation period you may be charged £25 for the booking which you made.
5. Clinical cover and call handling is available to practices from the **designated locality who are attending the event**. The criteria for cover is that all GPs who are scheduled to be working on the afternoon of the TimeOut are booked and attend the TimeOut event. There is no obligation for attendees to close their practice for the afternoon if they wish to remain open.

RETURN THIS BOOKING FORM TO: TIMEOUT BOOKINGS, Clinical Governance, Medical Directorate, NHS North of Tyne, Bevan House, 1 Esh Plaza, Sir Bobby Robson Way, Great Park, Newcastle upon Tyne NE13 9BA. **Telephone:** 0191 2172868 / **Fax:** 0191 2172510
E-mail timeout@northoftyne.nhs.uk