

Newcastle - West and Central Localities

Thursday 4 March 2010

Closing Date for bookings

Wednesday 17 February 2010 (12 noon)

**Please be aware that places may be fully booked before the closing date.
Please see terms of booking on booking form.**

TIMINGS:

12.20 pm: Lunch and mingling

1.20 pm: Welcome by Dr Paula Wright

1.30 pm: Introduction - 'Community Action on Health - Newcastle's Patient, Carer and Public Involvement Specialists' by Jane Shaw
(Community Involvement Team Leader)

1.40 pm: Workshop 1

2.40 pm: Refreshment break

3.10 pm: An Introduction to Newcastle Local Involvement Network (LINK) by Katherine Spoons (Outreach Officer, Newcastle LINK)

3.20 pm: Workshop 2

4.20 pm: Practice Reflection Session or GP Appraisal Update - GP Tutor

5.00 pm: Close

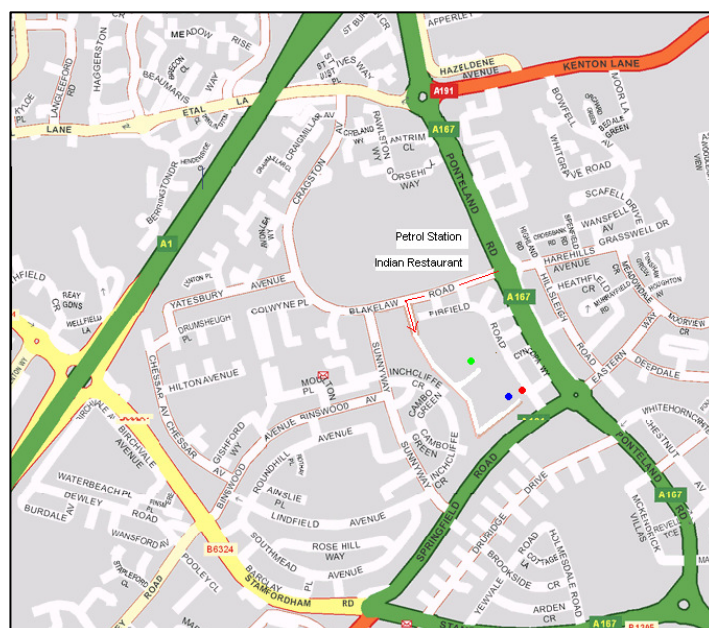
**PLEASE NOTE: THIS EVENT IS PARTIALLY FUNDED
BY PHARMACEUTICAL COMPANY SPONSORSHIP**

VENUE:

Springfield Centre
Off Blakelaw Road
Blakelaw
Newcastle upon Tyne
NE5 3HU
Tel: 0191 2774401

Directions:

From the A167 (Ponteland Road), take the turn into Blakelaw Road. Access road to the Springfield Centre is immediately after the first row of houses on the left.



SUITABILITY OF WORKSHOPS

Title and Speaker	Synopsis
1) NORTH OF TYNE EPILEPSY GUIDELINES - <i>Facilitated by Dr Margaret Jackson, Consultant Neurologist</i>	Management of epilepsy in primary care - new North of Tyne guidelines Suitable for GPs and Nurse Practitioners
2) OSTEOPOROSIS - NORTH OF TYNE GUIDELINES - <i>Facilitated by Dr Wendy Carr, GP and GP Lead for NNE PBC Group Osteoporosis Project, Hospital Practitioner to the Metabolic Bone Clinic Freeman Hospital</i>	North of Tyne Osteoporosis Management Guidelines, looking at moving away from osteoporosis to fracture risk; how to select and assess those at highest risk, interventions including both life style and therapeutic. Cases will be used and participants are invited to bring their own for discussion. Suitable for GPs and Nurse Practitioners
3) MEDICINES IN CARE HOMES - <i>Facilitated by Sue White, Prescribing Adviser, Care of the Elderly</i>	To explore the issues and concerns about medicines in care homes. A recent report highlighted that care home residents were at particular risk of medicine errors and set out to determine the impact of prescribing, dispensing and administration on this risk. What does the picture look like locally and what can be done to improve the management of medicines in care homes? Suitable for GPs and Nurse Practitioners
4) COMPUTERISED COGNITIVE BEHAVIOURAL THERAPY - <i>Facilitated by Dr Ian James, Head of Primary Care Psychology, Newcastle PCT</i>	This workshop will outline suitability criteria, and ways to access computerised CBT (cognitive behaviour therapy) for patients presenting with mild - moderate anxiety and/ or depression as recommended by NICE. There will be demonstrations of the two programmes provided and facilitated by Newcastle PCT for people with a Newcastle GP - Beating the Blues, and FearFighter Suitable for GPs, Nurse Practitioners and Practice Nurses
5) ACCESSING CLINICAL RESOURCES ON THE INTERNET - <i>Facilitated by Dr Michael Power, Clinical Author for CKS</i>	An opportunity for learning strategies for finding answers to clinical questions through the internet. Suitable for GPs, Nurse Practitioners and Practice Nurses
6) NHS HEALTH CHECKS - <i>Facilitated by Jill Mitchell, Acting Associate Director for Integrated Care and Commissioning Lead for Health Checks Project</i>	This session will give you an opportunity to find out more about NHS Health Checks in North of Tyne. You will discover how Health Checks emerged at a national level, understand the local epidemiological picture and impact on health inequalities, explore implementation issues and share thoughts and ideas. Suitable for GPs, Nurse Practitioners and Practice Nurses
7) PATIENT SAFETY - SERIOUS UNTOWARD INCIDENTS (SUI's) <i>Facilitated by Linda Doidge and Marie McAndrew, Quality Improvement Facilitators, NHS North of Tyne</i>	The session will clarify the definition, investigation, reporting and management of serious untoward incidents and disseminate useful resources which support this for General Practice. Suitable for GPs, Practice Nurses, Practice Managers and Administration Staff
8) IMMUNISATION UPDATE - <i>Facilitated by Helen Robinson, Public Health Specialist</i>	The workshop will provide participants with the opportunity to review common issues relating to children with incomplete or uncertain immunisation histories and will include discussing a number of scenarios. Suitable for Nurses
9) HEART FAILURE FOR NURSES - <i>Facilitated by Vivienne Crisp, BHF Heart Failure Nurse</i>	This session will include what to do during a CHD annual review to identify which patients have left ventricular dysfunction and heart failure and will look at how their management can be optimised. Suitable for Nurses
10) PATIENT PARTICIPATION - <i>Facilitated by Jane Shaw, Community Involvement Team Leader</i>	Patient Participation Groups - the what, why and how of starting and sustaining a successful group. Suitable for Non Clinical Staff including Practice Managers, Clinicians may also attend
11) IMPROVING ACCESS FOR YOUNG PEOPLE TO HEALTH SERVICES - <i>Facilitated by Sarah McTimoney, Project Worker, Streetwise and Angela Ellins, Health Improvement Specialist</i>	This workshop will cover practical aspects around encouraging young people to use health services, based on our experiences at Streetwise as a successful health-based young person's project. We will also discuss our recent project with three Newcastle-based GP Practices on the Department of Health's You're Welcome quality standard. Suitable for Non Clinical Staff

PLEASE NOTE: THIS EVENT IS PARTIALLY FUNDED BY PHARMACEUTICAL COMPANY SPONSORSHIP

TimeOut – Thursday 4 March 2010 - Newcastle - West and Central Localities

Closing date for bookings Wednesday 17 February 2010 (12 noon)

Please indicate, in order of preference, 4 workshops (1, 2, 3 and 4) you wish to attend. Number 3 and 4 choices will be reserve choices which would be used should either of your 1st or 2nd choices be oversubscribed or cancelled.

IF NO ORDER OF PREFERENCE IS INDICATED, YOU MAY BE ALLOCATED TO WORKSHOPS.

- North of Tyne Epilepsy Guidelines
- Osteoporosis - North of Tyne Guidelines
- Medicines in Care Homes
- Computerised Cognitive Behavioural Therapy
- Accessing Clinical Resources on the Internet
- NHS Health Checks
- Patient Safety - Serious Untoward Incidents (SUI's)
- Immunisation Update
- Heart Failure for Nurses
- Patient Participation
- Improving access for young people to health services

- Vegetarian
- Gluten
- Other (please state)
- Access Requirements

PLEASE CHOOSE ONE OF THE FOLLOWING

- 4.20 pm to 5.00 pm - Reflection Session OR
- 4.20 pm to 5.00 pm - GP Appraisal Update

PLEASE COMPLETE THIS FORM BY PRINTING **CLEARLY**, as these details appear on your certificate

Name _____ Practice _____

Role: (please circle) - GP / Practice Nurse / District Nurse / Health Visitor / Practice Manager / Allied Health Professional / Administrator / Receptionist / Other (please state)

Telephone No _____ Email _____

PLEASE ENSURE YOU PROVIDE AN E-MAIL ADDRESS - THIS WILL BE USED FOR CONFIRMATION PURPOSES.

Terms of Timeout booking:

1. This event is open to clinicians and non clinical staff attached to GP Practices within the **designated locality**. GP locums on the NHS North of Tyne Performers or those from other lists working in Newcastle can also attend.
2. Places are limited according to venue capacity and are allocated on a **first come first served basis for those working within the designated locality, up to the closing date**. Please be aware that **places may be fully booked before the closing date**. After the closing date available places will be allocated to those working outside of the designated locality. Allocations to workshops are based on preferences indicated on the booking form. If no preference is indicated or workshops are full or withdrawn the timeout team will allocate you to a workshop.
3. We are unable to offer places on any event without prior booking. An e-mail will be sent to confirm receipt of your booking form and a further email will be sent confirming an allocation of a place for you, therefore *a personal or practice email address must be supplied on the booking form*.
4. Places cannot be offered on the day of the event.
5. We do operate a reserve list and therefore all cancellations must be directed to us in order to reallocate places. If you do not require your place, having secured one, please ensure your **cancellation** reaches us 10 days before the event. If you do not attend or cancel outside of the 10 day cancellation period you may be charged £25 for the booking which you made.
6. Clinical cover and call handling is available to practices from the **designated locality who are attending the event**. Cover is provided for all GPs who are scheduled to be working on the afternoon of the TimeOut Event, are booked and attend the TimeOut event. There is no obligation for attendees to close their practice for the afternoon if they wish to remain open. Clinical cover for TimeOut only covers GMS/ PMS contracts with NHS North of Tyne. It is not possible to fund cover arrangements for practices who have additional contracts made under separate arrangements with other providers.

RETURN THIS BOOKING FORM TO: TIMEOUT BOOKINGS, Clinical Governance, Medical Directorate, NHS North of Tyne, Bevan House, 1 Esh Plaza, Sir Bobby Robson Way, Great Park, Newcastle upon Tyne NE13 9BA. Telephone: 0191 2172868 / Fax: 0191 2172510
E-mail timeout@northoftyne.nhs.uk