

Thursday 11 June 2009

Closing Date for bookings Wednesday 3 June 2009 (12 noon)

Please be aware that places may be fully booked before the closing date.
Please see terms of booking on booking form.

TIMINGS:

- 12.30 pm: Lunch and mingling
- 1.30 pm: Introduction - Dr Janette Foo (GP Tutor for North Northumberland)
- 1.35 pm: Update on Primary Care Strategy - Jill Gillett (Head of Primary Care, Northumberland)
- 1.50 pm: Tact Update - Dr Rob Lambourne (GP Educational Lead for TACT)
- 2.00 pm: Workshop 1
- 3.00 pm: Refreshment break
- 3.30 pm: Workshop 2
- 4.30 pm: Practice Reflection Session
- 5.00 pm: Close

VENUE:

Linden Hall
Golf & Country Club
Longhorsley
Morpeth
Northumberland
NE65 8XF

Tel: 01670 500 000



SUITABILITY OF WORKSHOPS

Title and Speaker	Synopsis
1) Appraisal and Revalidation - Facilitated by Dr Janette Foo (GP Tutor for North Northumberland)	Evidence collection through appraisal started in April for revalidation. Do you know what evidence to collect? Do you know about the CPD credit system? Do you understand how appraisal and revalidation fit together? If not, come to a question and answer session to find out more. Suitable for GPs
2) Safeguarding Children - Clinical Update - Facilitated by Dr Gill Fraser (Named GP for Safeguarding Children in Northumberland)	A brief update on safeguarding children clinical issues for GPs, nurses and nurse practitioners including recent recommendations from the Baby P review. This session counts as single agency training as part of the North of Tyne Safeguarding Children training plan. Suitable for GPs, Nurses, Nurse Practitioners, Practice Nurses, District Nurses <ul style="list-style-type: none"> Please note that this session will only run once - 14.00 start only
3) Safeguarding Children - Procedure Update Facilitated by Dr Gill Fraser (Named GP for Safeguarding Children in Northumberland)	An update for practices on the North of Tyne Safeguarding Children training plan - what is expected and how to access it - and an overview of information sharing in Safeguarding Children situations. Suitable for GPs, Nurses, Nurse Practitioners, Practice Nurses, District Nurses <ul style="list-style-type: none"> Please note that this session will only run once - 15.30 start only
4) Feet - minor foot problems - assessment, diagnosis, treatment- Facilitated by Dr Graham Syers (GP with Special Interest in Musculo-skeletal - GPWSI)	This session will be interactive and flexible (be prepared to expose your feet). The aim is to cover all those problems with feet that bother patients, which might be hard to treat eg metatarsalgia, tendinitis, Achilles tendinopathy, flat feet, plantar fasciitis, hallux valgus, hallux rigidus and more! We will practice assessment/examination and think about structural anatomy, treatment and who should/should not be referred. Suitable for GPs and Nurse Practitioners
5) Balint Group - Facilitated by Dr Esti Rimmer (Consultant Psychologist in Psychotherapy) and Dr Jane Dammers (General Practitioner)	Balint Groups provide a model for reflecting on our work and exploring our relationships with patients in all their complexity and ambiguity. The aim of Balint work is to increase therapeutic effectiveness and develop self-awareness. We hope that you will gain some idea of the Balint approach in this workshop, where we will discuss one or two patients in a confidential setting. Suitable for all Clinical Members of the Primary Health Care Team <ul style="list-style-type: none"> Please note that this is a Double Session -14.00 - 16.30
6) Substance Misuse in Northumberland - Facilitated by Dr Regan Wooding (GP Principal at Well Close Sq/GPWSI in Addictions)	A brief presentation of the new DAAT adult needs assessment collated Information for Northumberland (Jan 2009), plus local data from Well Close Sq. What services are available to help your local drug and alcohol abusers, plus discussion on how to manage an unmet need without getting overwhelmed. Suitable for GPs, Practice Nurses, others in Primary Care dealing with patients in the 15 - 35 age group
7) Whose Diabetes Care is it anyway? - Facilitated by Lesley Thompson (Diabetes Nurse Specialist)	A short interactive workshop for healthcare professionals aimed at achieving best possible patient-centred outcomes in diabetic patients. Will focus both on meeting patient concerns and effectively delivering healthcare messages. Suitable for GPs, Nurses, Nurse Practitioners, Practice Nurses, District Nurses & Health Care Professionals

TimeOut – 11 June 2009 North Northumberland Locality

Closing date for bookings 12 noon Wednesday 3 June 2009

Please indicate, in order of preference, 4 workshops (1, 2, 3 and 4) you wish to attend. Number 3 and 4 choices will be reserve choices which would be used should either of your 1st or 2nd choices be oversubscribed or cancelled.

IF NO ORDER OF PREFERENCE IS INDICATED, YOU MAY BE ALLOCATED TO WORKSHOPS.

- | | |
|--|--|
| <input type="checkbox"/> Appraisal and Revalidation | <input type="checkbox"/> Vegetarian |
| <input type="checkbox"/> Safeguarding Children - Clinical Update - 14.00 pm start only | <input type="checkbox"/> Gluton Free |
| <input type="checkbox"/> Safeguarding Children - Procedure Update- 15.30 pm start only | <input type="checkbox"/> Other (please state) <input type="text"/> |
| <input type="checkbox"/> Feet - minor foot problems - assessment, diagnosis, treatment | |
| <input type="checkbox"/> Balint Group– This is a Double Session - 14.00 - 16.30 | |
| <input type="checkbox"/> Substance Misuse in Northumberland | Access Requirements <input type="text"/> |
| <input type="checkbox"/> Whose Diabetes Care is it anyway? | |

PLEASE COMPLETE THIS FORM BY PRINTING **CLEARLY**, as these details appear on your certificate

Name _____ Practice _____

Role: (please circle) - GP / Practice Nurse / District Nurse / Health Visitor / Practice Manager / Allied Health Professional / Administrator / Receptionist / Other (please state)

Telephone No _____ Email _____

PLEASE ENSURE YOU PROVIDE AN E-MAIL ADDRESS - THIS WILL BE USED FOR CONFIRMATION PURPOSES.

Terms of Timeout booking:

- This event is open to clinicians and non clinical staff attached to GP Practices within the **designated locality**. GP locums on the NHS North of Tyne Performers or those from other lists working in Northumberland can also attend.
- Places are limited according to venue capacity and are allocated on a **first come first served basis for those working within the designated locality, up to the closing date**. Please be aware that **places may be fully booked before the closing date**.
After the closing date available places will be allocated to those working outside of the designated locality. Allocations to workshops are based on preferences indicated on the booking form. If no preference is indicated or workshops are full or withdrawn the timeout team will allocate you to a workshop.
- An e-mail will be sent to confirm receipt of your booking form and a further email will be sent confirming an allocation of a place for you, therefore *a personal or practice email address must be supplied on the booking form*. We are unable to offer places on any event without prior booking. Places cannot be offered on the day of the event.
- We do operate a reserve list and therefore all cancellations must be directed to us in order to reallocate places. If you do not require your place, having secured one, please ensure your **cancellation** reaches us 10 days before the event. If you do not attend or cancel outside of the 10 day cancellation period you may be charged £25 for the booking which you made.
- Clinical cover and call handling is available to practices from the **designated locality who are attending the event**. The criteria for cover is that all GPs who are scheduled to be working on the afternoon of the TimeOut are booked and attend the TimeOut event. There is no obligation for attendees to close their practice for the afternoon if they wish to remain open.

RETURN THIS BOOKING FORM TO: TIMEOUT BOOKINGS, Clinical Governance, Medical Directorate, NHS North of Tyne, Bevan House, 1 Esh Plaza, Sir Bobby Robson Way, Great Park, Newcastle upon Tyne NE13 9BA. **Telephone:** 0191 2172868 / **Fax:** 0191 2172510
E-mail timeout@northoftyne.nhs.uk