

The GP Update Course

**One day update course for
GPs and GP Registrars
(By GPs, for GPs)**

Course Director: Dr. Lucy Jenkins

Every week GPs are bombarded with literature; the BMJ, BJGP, Lancet, NEJM. And then there are all those guidelines...

GPs want to stay up to date but the task is a formidable one; with the best will in the world, it's hard to achieve.

With all the evidence inundating us it can be hard to know which bits of evidence should change our practice.

We are here to help by collating and synthesising the evidence for you – so that you don't have to!

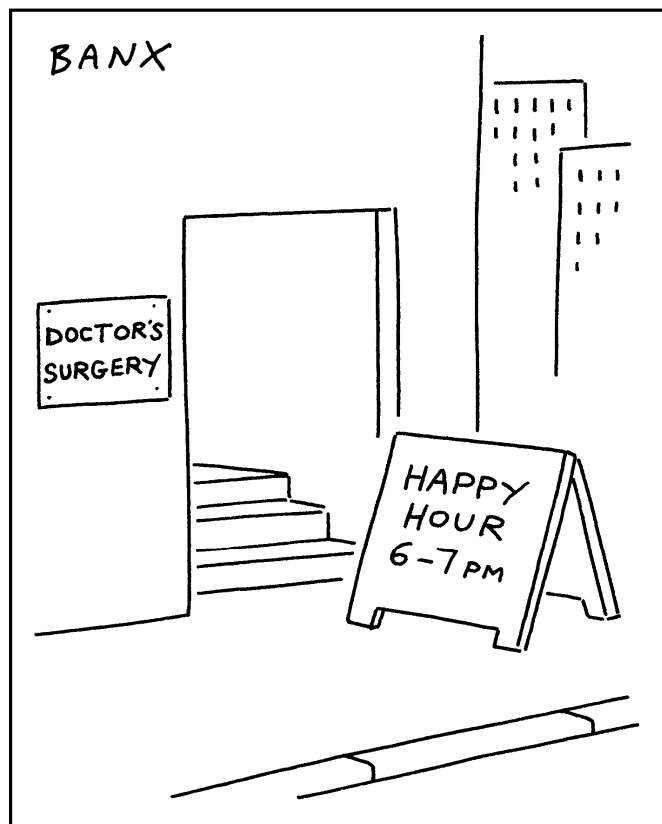
Using a lecture based format, with plenty of time for interaction, the presenters (all real life GPs!) discuss the results of the most important and relevant research papers. We place them in the context of all the appropriate evidence and help you to develop action points for your practice.

We want you to enjoy the day!

We'll use humour and video clips to illustrate points being made and to keep you focused.

'This is the best course I have been on since I went in to general practice.'

www.gp-update.co.uk



Who is this course designed for?

Established GPs who want to keep abreast of new evidence relevant to clinical practice and consider how this evidence can be translated into excellent clinical care.

GP Trainers wanting to keep up to date across the whole field of general practice and to incorporate new evidence into their current practice.

GP Registrars who need a working knowledge of evidence relevant to primary care. The course is very relevant for the nMRCGP exam.

GPs returning from maternity leave or a career break who want to be brought up to speed with current practice.

Public health doctors working in the field of primary care who need to keep abreast of the new evidence in this area and want to gain an improved understanding of its implementation.

Don't take our word for it - see what delegates from our Spring 2008 course had to say!

- 'I am very impressed – superb evidence based information!'
- 'Extremely relevant to our work in GP practice. Addressing every day dilemmas in practice.'
- 'The handbook is full of tips I can start putting into practice immediately.'
- 'Excellent, should be an update pre-requisite for all GPs every 2-3 years.'
- 'Great to be delivered by GPs rather than consultants talking from secondary care point of view.'
- 'Excellent, helpful – clear presentations. I like the emphasis on “take home” messages.'
- 'Absolutely fantastic – I keep recommending it.'

Course delegates receive a copy of **The GP Update Handbook**, a 350 page book outlining the results of the most important research relevant to primary care over the last 5 years.

The Handbook is much more than just a set of lecture notes. It covers more subjects more extensively than is possible in the one-day course. It is a valuable resource document for future reference and exam revision. Everything we present is fully referenced – so if you want to do some more research or read the original article you can, but you don't have to.

Important note: *This course contains no theorists, no gurus and no sponsors. Just real life UK based GPs who will be back seeing patients as soon as the course has finished. What is more, we have no involvement whatsoever with pharmaceutical companies, so there will be no biasing of the information presented to you.*

Autumn 2008 course dates:

- Birmingham - Saturday September 27 (Birmingham Medical School)
- Manchester - Wednesday October 1 (Royal Northern College of Music)
- Leeds - Thursday October 2 (Leeds Metropolitan University)
- Nottingham - Friday October 3 (University Hospitals Conference Centre)
- Exeter - Wednesday October 8 (Exeter Conference Centre)
- Oxford - Thursday October 9 (Culham Conference Centre)
- London - Friday October 10 (Royal National Hotel)
- London - Saturday October 11 (Royal National Hotel)

Prices: GPs £180; GP Registrars £150; Handbook only £150 incl. P&P

Further details at www.gp-update.co.uk.

I would like to come on the following GP Update Course (please tick):

- | | | |
|---|---|--|
| <input type="checkbox"/> Birmingham Sept 27 | <input type="checkbox"/> Manchester Oct 1 | <input type="checkbox"/> Leeds Oct 2 |
| <input type="checkbox"/> Nottingham Oct 3 | <input type="checkbox"/> Exeter Oct 8 | <input type="checkbox"/> Oxford Oct 9 |
| <input type="checkbox"/> London (Friday) Oct 10 | <input type="checkbox"/> London (Saturday) Oct 11 | <input type="checkbox"/> Handbook only |

Name (PRINT):..... Address:.....

Email:.....

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