

The GP Update Course

**One day update course for
GPs and GP Registrars**
(By GPs, for GPs)

The GP Update Course is designed to be very relevant to clinical practice and to help you meet the requirements for revalidation.

Course Director: Dr. Lucy Jenkins

GPs want to stay up to date but the task is a formidable one; with the best will in the world, it's hard to achieve.

With all the evidence inundating us it can be hard to know which bits of evidence should change our practice.

We want to help by collating and synthesising the evidence for you – so that you don't have to!

Using a lecture based format, with plenty of time for interaction, the GP presenters discuss the results of the most important evidence and guidance, placing them in the context of what is already known about this topic and the needs of primary care.

We want you to enjoy the day!

We'll use humour and video clips to illustrate points being made and to keep you focused.

'The third time I have come and it is STILL head and shoulders above other courses'

Special price for NELG members, please see other side



How will it help me with revalidation?

Revalidation requires us not just to stay up to date, but to show evidence of how our practice has changed. **Come on the course and we will give you our Revalidation Action Pack; a practical step by step guide to prepare for revalidation and prove you are up to date.**

Who is this course designed for?

Established GPs and Trainers wanting to keep up to date across the whole field of general practice and to incorporate new evidence into their current practice.

GP Registrars who need a working knowledge of evidence relevant to primary care. The course is very relevant for the nMRCGP exam.

GPs returning from maternity leave or a career break who want to be brought up to speed with current practice.

Practice Nurses & Nurse Practitioners who will find this a great update on chronic disease management and a good overview of the latest changes across all of primary care.

Don't take our word for it - See what delegates from our last course series had to say!

- Excellent presentations. Pitched at just the right level and pertinent to everyday work.
- The handbook will be my security blanket in the consultation! Great it's web based.
- Excellent content and value, will recommend it.
- The most useful and relevant course I have ever attended – in 25 years!!
- So relevant to my everyday practice and thank you for the Revalidation Action Pack.
- Enthralling, energising and empowering!

Course delegates receive a copy of **The GP Update Handbook**, a 350 page book outlining the results of the most important research relevant to primary care over the last 5 years, and a year's subscription to the **GP Update Handbook Online**. We will also give you a copy of the **Revalidation Action Pack** which contains step by step guidance on audits, reflective practice and service developments related to the course, so that you have documented evidence of improved care for your next appraisal and for revalidation.

The Handbook is much more than just a set of lecture notes. It covers more subjects more extensively than is possible in the one-day course. It is a valuable resource document for future reference and exam revision. Everything we present is fully referenced – so if you want to do some more research or read the original article you can, but you don't have to.

Important note: *This course contains no theorists, no gurus and no sponsors. Just real life UK based GPs who will be back seeing patients as soon as the course has finished. What is more, we have no involvement whatsoever with pharmaceutical companies, so there will be no biasing of the information presented to you. Further details at www.gp-update.co.uk.*

Spring 2010 course dates:

- Exeter (Exeter Corn Exchange) - Wednesday May 12
- Southampton (MacDonald Botley Park Hotel) - Thursday May 13
- London (Olympia Conference Centre) - Friday May 14
- London (Olympia Conference Centre) - Saturday May 15
- Newcastle (Centre for Life) - Wednesday May 19
- Sheffield (Magna Science Adventure Centre) - Thursday May 20
- Manchester (Royal Northern College of Music) - Friday May 21
- Birmingham (Birmingham Medical School) - Saturday May 22
- Oxford (The Barcelo Oxford Hotel) - Wednesday May 26

Prices: GPs £180; GP Registrars, Practice Nurses & Nurse Practitioners £150

Special price for NELG members: £160

I would like to come on the following GP Update Course (please tick):

- | | | |
|---|---|---|
| <input type="checkbox"/> Exeter - May 12 | <input type="checkbox"/> Southampton - May 13 | <input type="checkbox"/> London - May 14 |
| <input type="checkbox"/> London - May 15 | <input type="checkbox"/> Newcastle - May 19 | <input type="checkbox"/> Sheffield - May 20 |
| <input type="checkbox"/> Manchester - May 21 | <input type="checkbox"/> Birmingham - May 22 | <input type="checkbox"/> Oxford - May 26 |
| <input type="checkbox"/> Handbook, Online Handbook (12 months) & Revalidation Action Pack only (£150) | | |

Name (PRINT):..... Address:.....

Email:.....

**Please send this form with your cheque payable to Primary Care Education LLP to:
GP Update, PO Box 3561, Swindon SN4 4AF**

GP Update is a trading style of Primary Care Education LLP. Tel 01491 83 77 99.
Registered in England and Wales no. OC329918.
Registered Office: 51 South View Avenue, Caversham, Reading RG4 5AD.
Full terms and conditions are available at www.gp-update.co.uk.

Special price for NELG members: £160

www.gp-update.co.uk